Prevalence of vaginolysin, sialidase and phospholipase genes in *Gardnerella vaginalis* isolates between bacterial vaginosis and healthy individuals

Rokhsareh Mohammadzadeh1,2, Behrooz Sadeghi Kalani1,2, Maryam Kashanian3, Mojgan Oshaghi4, Nour Amirmozafari*1,2

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Abstract

**Background:** *Gardnerella vaginalis* is considered as the predominant microorganism found in bacterial vaginosis (BV). The aim of this study was to evaluate the prevalence of virulence factors in *G. vaginalis* associated with BV or non-BV cases and their correlations with this disorder.

**Methods:** A total of 102 vaginal specimens were collected from patients during their visit to Akbar Abadi hospital in Tehran, Iran. Bacterial vaginosis was determined by Nugent score and Amsel’s criteria. Polymerase chain reaction (PCR) was used for the detection of *G. vaginalis* 16S rRNA, vaginolysin, sialidase and phospholipase genes. To evaluate the association between the presence of vly, pho, and sld genes and BV, Pearson Chi-square test was applied using SPSS software. P-value ≤0.05 was considered as significant.

**Results:** Totally, 27.4% of the patients were suffering from BV. *Gardnerella vaginalis* was found in 100% women with BV and in 56.7% women with normal vaginal discharge. The prevalence of vly, sld and pho genes in BV-associated *G. vaginalis* was 10 (35.7%) (95% CI [0.18, 0.53]), 19 (67.8%) (95% CI [0.51, 0.85]) and 6 (21.4%) (95% CI [0.06, 0.37]), respectively. The prevalence of the aforementioned genes in non-BV associated *G. vaginalis* was 20 (47.6%) (95% CI [0.33, 0.63]), 28 (66.6%) (95% CI [0.52, 0.81]), and 5 (11.9%) (95% CI [0.02, 0.22]), respectively. Our results showed no statistically significant association between the presence of the virulence genes and BV associatedness of this microorganism.

**Conclusion:** Our results showed the presence of *G. vaginalis* in all BV patients and relatively high prevalence in healthy individuals. The prevalence rates of the three virulence genes were different in BV and non-BV associated *G. vaginalis*; however, the differences were not statistically significant.

**Keywords:** *Gardnerella vaginalis*, Bacterial vaginosis, PCR

**Conflicts of Interest:** None declared

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**Introduction**

One of the most common problems among women of childbearing age leading to irregular vaginal discharge is...
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considered to be bacterial vaginosis (BV) (1). Several serious outcomes, including preterm parturition, infertility, and low birth weight have been reported to be linked with BV (2). This disorder may be a risk factor for predisposal of endometritis and sexually transmitted diseases, including HIV (3). Thin greyish-white vaginal discharge with a strong foul odor, and irritation in vulva and vagina are the most reported symptoms of BV (4).

Bacterial growth and the variety of bacteria are restricted by the presence of Lactobacilli which are considered as the major constituents of healthy vaginal microbiome, specifically those which are known to produce hydrogen peroxide, lactic acid and other toxic metabolites (5). In cases which the frequency of *Lactobacillus* is found to be low, the vaginal pH increases (6), leading to the overgrowth of microbes which are commonly found in BV, including *Gardnerella vaginalis*, *Bacteroides* spp, *Mobiliuncus* spp, *Prevotella* spp, *Atopobium*, *Leptotrichia*, *Megasphaera*, *Prevotella*, and *Dialister* (7, 8).

The predominant microorganism of the vaginal tract in women with BV is *G. vaginalis* (2) which was termed after Hermann L. Gardner, who discovered the bacterium in 1955. *Gardnerella* is in the family *Bifidobacteriaceae* and is mostly related to species in the genus *Bifidobacterium* (9). *G. vaginalis* has been isolated from the vaginal discharge of almost 100% of women with BV (10). Recent studies suggest that *G. vaginalis* may be more virulent than other organisms frequently found in this infection (4). Moreover, the existence of distinct pathogenic and non-pathogenic strains or even subspecies is proposed due to genetic differences of this bacterium (11). This organism may cause infections in sites other than genital tract of women, including urinary tract infections in men, infective endocarditis, septic emboli (12), retinal vasculitis (13), acute hip arthritis in renal transplant recipients (14), vertebral osteomyelitis, discitis (15) and bacteremia in a previously healthy man (16). Hence, it is believed to be an infrequent opportunistic pathogen owing to its various virulence factors.

One of these virulence factors is vaginolysin (VLY), a secreted protein toxin functioning as a hemolysin specific to human erythrocytes, neutrophils and endothelial cells (17). Similar to intermedilysin (ILY) secreted by *Streptococcus intermedius* (18) and lectinolysin derived from *Streptococcus mitis* (19), VLY is a cholesterol-dependent pore-forming cytolsin (CDC) which recognizes the complement regulatory molecule CD59 on the surface of human cells. The VLY-CD59 interaction involves in the pathogenesis of BV and the consequent outcomes (20). Due to its ability of binding to complement proteins C8α and C9, CD59 inhibits the formation of complement membrane attack complex (MAC). Membrane-bound monomers are oligomerized through conformational changes in domain 3 of the toxin occurred by hCD59-VLY binding; however, the cytolytic activity of the toxin still depends on the membrane cholesterol. The cytolytic activity of vaginolysin strictly depends on cholesterol and is potentiating by human CD59 (21). Interestingly, cell lysis has still been observed in cells lacking hCD59 by VLY-cholesterol interaction accounting for the formation of oligomeric complex (22). Mutation of a proline residue which has been suggested to be necessary for the cytotoxicity of VLY potentiates the production of a VLY toxoid which may be used for further development of vaccines (17).

Another virulence gene in *G. vaginalis* is considered to be sialidase (or neuraminidase) that enzymatically removes terminal sialic acid residues from different glycoconjugates which provides bacteria with nutrition and improves their ability for evasion of the host immune system and cellular interactions (11). Pregnancy problems such as premature birth in BV patients have been attributed to sialidase activity owing to its mucin oligosaccharides degradation activity (23).

Phospholipase C (lecithinase or phosphatidylcholine phospholipase) enzymatically hydrolyzes lecithin into phosphophorylcholine and 1, 2-diglyceride and is another recognized virulence factor of this microorganism. Lecithin is converted to 1, 2-diglyceride by phospholipase C activity. Arachidonic acid is further released through sequential actions which involve 1, 2 diglyceride and can consequently lead to the production of prostaglandins, thromboxanes, leukotrienes, and related compounds. The function of these oxygen metabolites affects childbirth, embryo implantation, coagulation, and inflammation. Phospholipase C-induced loss of structural integrity of cells. Accordingly, bacterial production of this enzyme can lead to reproductive tract cell and tissue damage through direct and indirect mechanisms (24).

The objective of this study was to look at the occurrence status of *G. vaginalis* and its virulence genes including vaginolysin (*vly*), sialidase (*sld*) and phospholipase C (*pho*) in BV and non-BV cases. Evaluation of the virulence factors could be helpful for development of effective treatments.

**Methods**

Study population and sample collection: Participants were recruited among 102 non-pregnant women aged 19-48 years seeking care at the gynecologic care unit of Akbar Abadi Hospital, Tehran, Iran, between June 2017 and January 2017. Exclusion criteria for this study included menstruation, menopause, and use of oral or vaginal antibiotics and topical vaginal products in the past 2 weeks. Normal and abnormal vaginal fluids were collected from the lateral vaginal sidewall after inserting a sterile, non-lubricated speculum. Informed written consent was obtained from each subject for agreement to participate in the study.

Determination of bacterial vaginosis: One of the swabs was rolled onto a glass slide for Gram stain evaluation. After the removal of the speculum, vaginal fluid remnants were used for the evaluation of pH and release of amine odor by the addition of 10% potassium hydroxide (“whiff test”). Bacterial vaginosis was defined clinically by the presence of homogeneous non-adherent grayish-white or yellow vaginal discharge, fishy odor in the presence of 10% potassium hydroxide, and vaginal pH > 4.5. The Gram-stained vaginal smears were examined under a...
light microscope at 100X in search of clue cells and lactobacilli. Gram variable or Gram negative cocobacilli were graded by a score developed by Nugent et al. (25). A score of 0–3 is considered healthy (non-BV) and is characterized by the predominance of Gram-positive Lactobacillus morphotypes, a score of 4-6 is considered intermediate, and a score of 7+ is indicative of BV. Finally, BV is confirmed by the presence of distinctive clue cells in more than 20% of the total vaginal epithelial cells (26).

**Selective isolation of G. vaginalis**

One swab was placed in a test tube containing 1.0 mL phosphate-buffered saline (PBS) and another swab was immediately processed and rolled onto Columbia agar (Liofilchem, Italy) selective culture media supplemented with 0.01 mg/L nalidixic acid (Sigma-Aldrich GmbH, Munich, Germany), 0.01 mg/L colistin (Sigma-Aldrich GmbH, Munich, Germany), 0.004 mg/L amphotericin B (Sigma-Aldrich GmbH, Munich, Germany) and human blood (5%). Culture plates were then incubated under an anaerobic atmosphere, at 37°C for 48-72 hours.

**Identification and confirmation of G. vaginalis**

Coupled with the presence of Gram-negative to Gram-variable rod bacteria under microscopy, biochemical tests including catalase, hippurate hydrolysis, starch hydrolysis, acid production from maltose and glucose, and alpha-including catalase, hippurate hydrolysis, starch hydrolysis, variable rod bacteria under microscopy, biochemical tests were applied for further analysis. Also, the quality of the extracted DNA was evaluated by 1% agarose gel and pho genes in BV-associated G. vaginalis, Pearson Chi-square test was applied using SPSS version 24. P-value ≤0.05 was considered as significant.

**Statistical Analysis**

In order to assess the association between the presence of vly, pho, and sld genes and BV-relatedness of G. vaginalis, Pearson Chi-square test was applied using SPSS version 24. P-value ≤0.05 was considered as significant.

**Results**

Isolation of G. vaginalis in vaginal samples: Among the 102 women, BV was diagnosed in 28 participants (prevalence of 27.45%). The bacterium was cultured from 24 (19 BV and 5 non-BV) patients. Isolation of G. vaginalis by culture was not successful in all vaginal samples. Therefore, total DNA was extracted from vaginal secretions and used as PCR templates (Fig. 1). Amplification data showed the presence of G. vaginalis in vaginal secretions of 42 healthy individuals (56.75%) and 28 BV patients (100%).

Detection of virulence genes: The prevalence of vly, sld and pho genes in BV-associated G. vaginalis was 10 (35.7%) (95% CI [0.18, 0.53]), 19 (67.8%) (95% CI [0.51, 0.85]) and 6 (21.4%) (95% CI [0.06, 0.37]), respectively. The prevalence of the aforementioned genes in non-BV associated G. vaginalis was 20 (47.6%) (95% CI [0.33, 0.63]), 28 (66.6%) (95% CI [0.52, 0.81]), and 5 (11.9%) (95% CI [0.02, 0.22]), respectively (Figs. 2, 3, 4). Association between the presence of vly (p=0.324), sld
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(p=0.917), and pho (p=0.283) genes in *G. vaginalis* associated with non-BV and BV cases was not statistically significant (Table 2).

**Discussion**
Vaginal eco niche harbors a complex population of bacteria which may vary in different medical conditions. A shift from the predominant Lactobacillus spp. in healthy vaginal environment may lead to BV. The complete mechanism underlying BV pathogenicity is not clear due to the lack of an animal model. One microorganism which has been shown to be strongly associated with BV is *G. vaginalis*. However, despite the fact that *G. vaginalis*

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is the most prevalent and virulent species found in BV, the normal vaginal microbiota can also consist of this microorganism.

There was an assumption that there may be a diversity within this species, as G. vaginalis can also colonize the lower genital tract of healthy women. There are many studies regarding the pathogenesis of G. vaginalis which led to the classification of this microorganism into 8 biotypes based on the phenotypic visualization of enzymes including galactosidase, lipase, and hippurate hydrolase (27). Amplified rDNA restriction analysis (ARDRA) was used for genotypic classification in which 3 genotypes have yet been recognized (28). It has been proposed that some of the known G. vaginalis genotypes are, in fact, distinct species. Whole-genome sequence analysis and functional microbiology genomics corroborate this idea (29).

In the present study, standard methods, including Nugent score and Amsel’s criteria were used for BV diagnosis. Nugent scoring system measures the quantity of bacterial morphotypes in Gram-stained vaginal smears. This scoring system is based on the absence or presence of Lactobacillus spp., Mobiluncus spp. and G. vaginalis and their total quantity (average per microscopic field). In the present study, the prevalence of BV based on these diagnostic methods was shown to be 27.4%.

Due to the polymicrobial nature of the vaginal ecosystem and the competition for growth in culture media, complex nutritional requirement and slow growth of the microorganism, isolation of G. vaginalis is challenging. Thus, culture-based identification is laborious and time-consuming. In the present study, in addition to bacterial culture, PCR-based techniques using the 16S rRNA sequence was used in direct vaginal fluid samples for detection of G. vaginalis. The aforementioned facts caused the difference in the prevalence of the microorganism in direct vaginal samples and culture media. It is evident that detection in the direct vaginal sample by PCR was more efficient. Gardnerella vaginalis bears various virulence factors including sialidase, phospholipase C, and vaginolysin. It also has been suggested that this bacterium has other pathogenicity determinants, such as surface hydrophobicity, adherence properties, biofilm formation and prolidase activity (11, 29) which were not looked at in this study.

In this investigation, the occurrence of vly gene was shown to be 35.7% among 28 BV patients and 47.6% among the 42 healthy women. This did not show any significant correlation (p>0.05). This prevalence was lower compared to the studies conducted in Portugal and Brazil. They did not find any significant association between the prevalence of this gene and BV infection as well (29, 30).

The prevalence of sld gene, was 67.8% and 66.6% in BV and non-BV associated G. vaginalis, respectively. There too was no significant correlation among the two groups, which was in accordance with other studies (29). Nada Khairi Younus et al. (31) studied 47 G. vaginalis isolated from 207 patients with presumed BV and found biotypes 1 and 7 as the most common isolates. Amplified rDNA restriction analysis showed that all strains with genotypes 1 (n=12) and 3 (n=13) had sld genes. The prevalence of vly gene in these genotypes was 91.6% and 84.6%, respectively. Milda Pleckaityte et al. (32) found vly gene in all of their 17 G. vaginalis isolates; however, they could not find a correlation between genotypes and vly positiveness.

Phospholipase C gene was the other studied virulence gene with its frequency in BV and non-BV associated G. vaginalis detected to be 21.4% and 11.9%, respectively. This showed a lack of significant relationship with the disease (p>0.05). There was no prior study regarding the prevalence of this gene, so it is not possible to compare the results. However, some studies showed phospholipase C production by different methods including a study which showed phospholipase C production in 22% of G. vaginalis associated with BV and at 27% in normal flora on skim milk agar (33). Also, in a study conducted by J. Udayalaxmi et al. (34), out of the 32 isolates associated with BV, 28 (87.5%) produced phospholipase C by use of the synthetic substrate p-nitrophenylphosphorylcholine. In overall, detection of G. vaginalis depends on the use of various tools and techniques. There have not been sufficient studies on the prevalence and pathogenicity of this microorganism in Iran.

Conclusion

The results of this study show a high prevalence of G. vaginalis in patients with BV and relatively high prevalence in healthy individuals. The presence of virulence genes suggests the pathogenic potentials of this microorganism. Also, molecular techniques for the detection of G. vaginalis was found to be more efficient as the culture approach is time-consuming and requires a lot of efforts. A shortcoming of this study was the lack of biotyping and ARDRA genotyping for the establishment of a correlation between the occurrence of the studied virulence genes and different biotypes and genotypes of G. vaginalis. Further studies regarding the expression of these virulence genes may be useful to evaluate the conditions leading to the production of these virulence factors and their prevalence in BV patients and healthy women. Also, due to lack of reports about the prevalence rate of resistance genes and typing of this microorganism in Iran, future studies on these subjects are recommended which can provide useful data for better treatment of BV.

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Conflict of Interests

The authors declare that they have no competing interests.

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