PULMONARY BLASTOMA: REPORT OF A CASE AND REVIEW OF THE LITERATURE

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ABSTRACT

We describe a case of pulmonary blastoma, a rare primary lung malignancy which affects a younger population. This tumor contains both mesenchymal and epithelial elements. Pulmonary blastoma tends to relapse locally and metastasizes mainly in the first few years. It has a poor 5-year prognosis, and shows a potential radio-chemosensitivity. Because these tumors are considered malignant, surgical excision is recommended.

In this paper, we describe a case of pulmonary blastoma in a 3 year old boy with a brief review of literature.

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INTRODUCTION

Pulmonary blastoma is a rare malignant tumor that histologically recapitulates developing lung in early fetal life.5,6 Because of this resemblance, Barnard originally labeled the tumor in 1952 an "embryoma". In 1967, Spencer hypothesized that the tumor developed from immature pleuropertoneal tissue believed to be capable of differentiating into both mesenchymal and epithelial portions of the lung. The development of neoplasia in this tissue was thought to be analogous to that of Wilm's tumor (nephroblastoma) from primitive renal blastoma, and the term pulmonary blastoma was proposed to emphasize this feature.14

This concept was supported recently by the result of immunohistochemical and ultrastructural studies.4 The appropriateness of the term "blastoma" has been questioned by some authors who consider this neoplasm to represent a variant of carcinosarcoma. Although this latter concept may be appropriate, the characteristic histologic resemblance of pulmonary blastoma to fetal lung during the pseudoglandular period suggests that it may have fundamental differences from the neoplasm that is usually called carcinosarcoma.

Pulmonary blastoma is a rare neoplasm, accounting for 0.5 percent of all malignant pulmonary tumors.5 Approximately 25% of reported cases have occurred in pediatric patients.6 Because of its slow growth, peripheral location and absence of obstructive effects on the bronchial tree, it may become a very large round mass before discovery.6,7 The prognosis is poor among those who have metastatic disease, or a primary tumor larger than 5 cm.14

In this paper the radiology, pathology and clinical course of this rare neoplasm are discussed.

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CASE REPORT

A 3 year old boy was admitted to the Pediatric Department of Imam Reza Hospital of Mashad University in May 1997. He presented with a history of low grade fever, cough, dyspnea and tachypnea. On physical exam, there were no respiratory sounds in the left lung. He had severe respiratory distress and was seriously ill. There was no peripheral lymphadenopathy or other abnormal findings on physical exam. Paraclinical work up showed no gross abnormality.

On chest X-ray, opacification of the left lung field with mediastinal shift to the right was the predominant roentgenologic feature (Fig. 1). The opacity was uniform and was interpreted as a massive pleural effusion or a large pulmonary mass lesion with pleural fluid.

Ultrasonography was performed with a 3-5 MHz transducer and showed a solid hypoechoic pulmonary mass in the upper lobe with pleural effusion in the left hemithorax. Contrast-enhanced computed tomography of the thorax showed a round, well defined mass 1 cm in size in the left upper lobe with a thick, irregular enhancing rim and hypodense center (Fig. 2). There was also a left-sided fluid collection posteriorly. The atelectatic left lower lobe was seen centrally with its open bronchus (Fig. 3).

On the basis of these findings, we had two diagnoses for this patient:
1. A primary lung tumor, such as a pulmonary blastoma or pulmonary sarcoma with pleural effusion.
2. An infected pulmonary cyst with pleural effusion.

In May 1997, thoracotomy was performed to establish the diagnosis. During thoracotomy, a large tumor involving the left upper lobe was found. A left upper lobectomy with tumor decortication of the pleural space achieved total gross tumor removal.

Histological analysis of the tumor showed a biphasic structure with epithelial and mesenchymal components which was diagnosed as pulmonary blastoma. After operation the patient also received chemotherapy. Long-term follow-up is required to provide prognostic information.

DISCUSSION

The spectrum of malignant tumors of infancy and childhood differs from that in adults. In infants and children under 5 years of age, the most prominent tumors are embryomas or blastomas. Although primary pulmonary neoplasms are rare in children, they must be excluded when a mass lesion is noted on a chest X-ray. Usually the mass will prove to be a congenital or inflammatory lesion, but unfortunately some malignancies do occur.

The existence of biphasic neoplasms occurring primarily in the lung is a well-known rare event. The spectrum of malignant pulmonary tumors displaying a mixed epithelial/mesenchymal growth pattern is rather narrow. The two most often encountered are carcinosarcomas and pulmonary blastomas.

Pulmonary blastomas are primary malignancies that include the adult type biphasic pulmonary blastoma and well-differentiated fetal adenocarcinoma, and the childhood type pleuropulmonary blastoma. Well-differentiated fetal adenocarcinoma and biphasic blastoma have histologic similarities leading these tumors to be classified as pulmonary blastoma, but they have distinct clinical and prognostic features. Pathologically pulmonary blastomas typically are large
Pulmonary blastoma is rare: 207 cases had been documented in the literature by 1995. There is a male-to-female ratio of 3 to 7.13 The tumor is usually in the periphery, and upper-lobe involvement is more frequent.6 Some patients may need intensive chemotherapy after surgery.9 In the management of advanced pulmonary blastoma in children with metastatic lesions, intensive chemotherapy should be tested as initial therapy, as well as an adjunct to surgery.9

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REFERENCES

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