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# Health equity in Iran: A systematic review

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#### **Abstract**

**Background:** Health inequities are among debatable and challenging aspects of health systems. Achieving equity through social determinants of health approach has been mentioned in most upstream national plans and acts in Iran. This paper reports the findings of a systematic review of the current synthesized evidence on health equity in Iran.

**Methods:** This is a narrative systematic review. The relevant concepts and terminology in health equity was found through MeSH. We retrieved the relevant studies from PubMed/MedLine, Social Sciences Database, and Google Scholar in English, plus the Jihad University Database (SID), and Google Scholar in Farsi databases from 1979 until the end of January 2018. The retrieved evidence has been assessed primarily based on PICOS criteria and then Ottawa-Newcastle Scale, and CASP for qualitative studies. We used PRISMA flow diagram and a narrative approach for synthesizing the evidence.

**Results:** We retrieved 172 455 studies. Following the primary and quality appraisal process, 114 studies were entered in the final phase of the analysis. The main part (approximately 95%) of the final phase included cross-sectional studies that had been analyzed through current descriptive inequality analysis indicators, analytical regression, or decomposition-based approaches. The studies were categorized within 3 main groups: health outcomes (40.3%), health utilization (32%), and health expenditures (27%).

**Conclusion:** As a part of understanding the current situation of health equity in the policymakers' need to refer the retrieved evidence in this study, they need more inputs specially regarding the social determinants of health approach. It seems that health equity research plan in Iran needs to be redirected in new paths that give appropriate weights to biological, gene-based, environmental and context-based, economic, social, and political aspects of health as well.

We advocate addressing the aspects of Social Determinant of Health (SDH) in analyzing health inequalities.

**Keywords:** Health Equity, Health Inequality, Health Care Disparity, Health Care Inequality, Health Social Determinants, Health Care Availability, Health Care Accessibility, Health Disparity, Health Care Utilization

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# Introduction

Health equity and equal access to health services for various socioeconomic groups are among ultimate goals of any health system. Nonetheless, the concept of health equity has been controversial, rendering an ongoing debate among health policymakers and planners over the past decades (1). Significant inequities in various aspects of health,

ie, health outcomes, utilization of health services, and health financing (2), are major concerns in all contexts, ie, low, middle- and high-income countries. The publication of a series of regular reports began by Black in the 1980s in England, which was followed by other countries, including the United States (3). This was a global turning point in

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#### *↑What is "already known" in this topic:*

Health inequalities are evident in Iran. Despite various theoretical concepts, measurement methods and hypothetical approaches available to tackle the problem in the country, a comprehensive and national review on the status of health equity is still lacking in Iran.

#### →What this article adds:

This study systematically synthesizes the existing evidence to assist policymakers understand and realize the dimensions of health equity. Iran needs more efforts toward redirecting the agenda setting for both investigation and action regarding health equity.

health inequity analysis. Ever since, many studies have focused on the impact of socioeconomic factors on the health status of the community. In addition, health equity has been the subject of many studies from different aspects, ie, availability, accessibility, utilization, healthcare payment and financing, morbidity, and mortality, while studies have focused on children, adolescents and young adults, elderly, women, and different ethnicities across various settings (3-7).

Given the key role of equity in improving community health, a number of international and national organizations have made continuous efforts to reduce health inequities. For instance, during the last 2 decades, the World Bank (WB), in cooperation with other agencies, eg, the World Health Organization (WHO), have worked with member states to improve the health and nutrition status and demographic indicators as well as protecting the population against the consequences of illness, malnutrition, and high fertility (5). Health equity and equitable access to healthcare services are also strongly endorsed by the Iranian constitution and other upstream policies, eg, various national development plans. Nonetheless, achieving these objectives still remains a big challenge (8-10). Health equity analysis has been a popular research topic at the provincial and national levels during the recent decades in Iran, eg, the 2 rounds of Urban HEART (Health Equity Assessment Research Tool) project in the capital city of Tehran, a collaboration among WHO, Tehran Municipality, and the Ministry of Health and Medical Education (MOHME) (11), Iran's Multiple Indicator Demographic and Health Survey (IrMIDHS) (12), and the Urban and Rural Expenditure-Income Survey (13). These efforts alongside a relative rich body of health equity analysis in the country show us the importance of health equity as a main concern for both academicians and government. Anyway, we need to monitor the trend of health equity researches in the country through a comprehensive lens. This implies on answering the following question:

- What are the main methodological approaches in health equity analysis in the country?
- What dimensions and scopes of health equity have been more addressed, and which ones need to be a part of research agenda for helping policymakers?

To achieve the objectives of health equity, it is pivotal to determine the current status and document the existing studies, plans, and synthesized knowledge about health equity. Nevertheless, comprehensive and national reviews with consistent evidence on health equity status is still lacking in Iran. This study aims to provide the current gap in conducting health equity studies in Iran through a systematic review approach. This implies on synthesizing the evidence for Iranian health policymakers to realize in which dimensions of the health equity the country needs more efforts, and then redirecting the research policy agenda to them.

# Methods Search Strategy

This was a systematic review of the literature on health inequity in Iran between 1979 (the beginning of the Islamic

revolution) until 01/31/2018. We used the PRISMA flow diagram and a narrative approach for synthesizing the evidence. We searched PubMed/MedLine, Cochrane Library, and Google Scholar in English as well as the Jihad University Database (SID) and Google Scholar in Farsi. Because of the nature of health equity analysis, it can be considered as an interdisciplinary field between health and medical sciences and social sciences. This means that health equity encompasses the health, medical, social, economic, political, environmental, philosophical, religious, and criminal dimensions. Therefore, we approached our search strategies through seeking PubMed/Medline, and Social Sciences Databases, the first of which is a biological, health and medical sciences database, and the second contains all aspects of the social sciences.

We found the MeSH terms for various terms and expressions as presented below:

Health Care Equality, Health Care Fairness, Health Care Utilization, Health Care Accessibility, Health Care Availability, Health Care Affordability, Horizontal Equity in Health Care, Vertical Equity in Health Care, Health Services Equality, Health Services Fairness, Health Services Accessibility, Health Services Availability, Health Services Affordability, Horizontal Equity in Health Services, Vertical Equity in Health Services, Inequalities, Healthcare, Health Care Inequalities, Inequalities, Healthcare Disparity, Financial Protection in Health, Catastrophic and Impoverishing in Health Services, Fairness in Financial Contribution in Health, Gender Inequality in Health. Appendix presents the search strategy by databases.

# **Studies Primary Assessment**

Two team members (H.G.H. and E.M.) were responsible for the primary assessment of the studies, and in case of any disagreement, a third person (A.T.) was involved.

The details are provided as follows:

- P (Health Problem): Studies that address all aspects of health equity (as mentioned in search strategy keywords above) in Iran.
- I (Intervention): No restriction for this criterion. All clinical, social, economic, and cultural interventions in clinical, individual, social, national and macro contextual context were considered.
- C (Comparator): This criterion was also is in line with the intervention and there was no restriction on comparators.
- O (Outcomes): Biological, health-related measures, morality, morbidity, quality of life, and wider consequences in the social context of Iran were considered.
- S (Study Design): All studies that assessed various aspects of socioeconomic inequalities through descriptive analysis, calculation of regression coefficient for different inequality indicators as well as qualitative, longitudinal, case-control, cohort, and cross-sectional studies were included.

Exclusion Criteria: We excluded the Iranian immigrants living in other countries. In addition, we excluded protocol studies during the final phase .As some national research projects and studies were conducted through collaborations between the international agencies, eg, the World Health

Organization, with the Iranian national authorities, eg, the Ministry of Health and Medical Education (MoHME), Tehran Municipality, etc., in both Persian and English, we considered them as primary, and if qualified, appraised them qualitatively.

Data Extraction and Study Quality Assessment: We used the Newcastle-Ottawa Scale for the critical appraisal of the remained studies from the primary screening stage. All studies in this stage were nonrandomized controlled trials (non RCTs); thus, we used Newcastle-Ottawa Scale for assessing their quality (14).

In addition, for the critical appraisal of the qualitative studies, a systematic review was done using Cambridge Quality Appraisal tools (15, 16).

Critical appraisal was done by B.A. and M.M.K., and any discrepancies were discussed with E.M. The results of the quality appraisal of the studies are included in various tables of summary of articles.

Data Extraction and Synthesis: Data on the included studies were extracted by E.M. and M.M.K. through a checklist that included the author(s) names, year of publication, title of the study, aim(s), study type, sample size, data gathering tools and methods, main results, and conclusions. All data were used to present the results of the current study thorough a narrative synthetic approach.

We categorized the included studies based on 5 characteristics: study design; outcome variables; method of analysis; level of study; and the publication year, as described in Table 1. Most studies were analytical, analyzed service variables (hospitalization, outpatient, paraclinical, pharmacy, etc.), and used concentration index (CI) as a main indicator (Table 1). Because some papers used more than 1 tool in the analysis, the total number of included articles in the Data analysis category was 147 (instead of 114 actual papers included in this review). We present our findings

based on the 3 dimensions of equity: health outcomes, utilization, and financing. As previously mentioned, we were faced with a wide range of topics as our main outcomes, and grouping them was a major challenge, so we used the World Bank health equity researchers approach to summarize and present the results in an organized fashion (7).

#### **Results**

Figure 1 summarizes the flowchart of our literature review and data extraction process, based on PRISMA protocol (Fig. 1).

### Studies' Characteristics

A major part (approximately 65%) of the included studies were analytical that aimed to investigate the association between health outcome(s) inequality with socioeconomics and demographics determinants. Calculating and analyzing the health services (cares) inequality constructed about 30% of the interested outcomes by researchers. Also, 26.4% of the study have used Concentration index as their main inequality analysis indicator. About 46.5% of the studies are national level studies, which means they have used data extracted from national surveys for analyzing health inequality. The main part of the studies (57%) has been performed between 2011 through 2015. Details of the studies' characteristics are available in Table 1.

1- Health Outcomes: Investigating the factors that affect health equity outcomes was the main focus in 36 articles (15-60 in Table 2). We included all studies whose focus were life expectancy, mortality, quality of life, and incidence of diseases and health disorders (both mental and physical) in this category. These articles documented that inequality in demographic variables can affect the health outcomes.

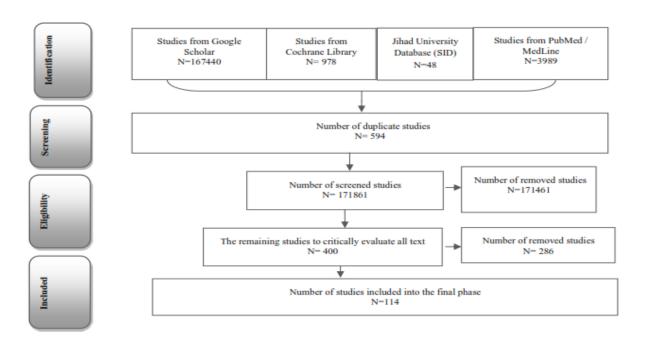


Fig. 1. Data extraction process.

Table 1. Descriptive characteristics of the 114 selected articles

Characteristics		Number	Proportion (%)
Study design	Case-control	2	1.75
	Case study	2	1.75
	Descriptive	27	23.68
	Analytical	74	64.91
	Qualitative	5	4.39
	Mix methods	4	3.51
Outcome variables	Health status, diseases, disorders and illness	24	21.1
	Resources (bed, medicine, equipment, human and financial re-	26	22.8
	sources)		
	Risky behavior	2	1.8
	Risk Factors in Health	9	7.9
	Mortality (by age)	10	8.8
	Services (inpatient, outpatient, para clinical, pharmacy, etc.)	34	29.8
	Others (pregnancy, inequality, attitudes, health literacy, etc.)	9	7.9
	Others (pregnancy, inequality, attitudes, health literacy, etc.)		
Data analysis	Concentration Index (CI)	42	28.6
method/ tool/ indica-	Gini Coefficient (GC)	20	13.6
tor	The decomposition of inequality	27	18.4
	Catastrophic health expenditure	23	15.6
	GIS	4	2.7
	Other (gradient inequality, Robin Hood, Kakwani, dissimilar-	24	16.3
	ity, disparity)		
	Qualitative, Combined	7	4.8
Study Level	Local	30	26.3
	Provincial	31	27.2
	National	53	46.5
Year of publication	2000-2005	3	2.6
	2006-2010	9	7.9
	2011-2015	65	57.0
	2016-2018	37	32.5

2- Healthcare Utilization: A total of 37 (32%) studies focused on utilization of health services and analyzed the availability, accessibility, and use of health services. For instance, they measured the distribution of health facilities (bed and human resources, etc.,) and access to health care services, which may help improve the distribution policies of health care resources in the country. The results also revealed a meaningful unequal distribution of resources among affluent and deprived areas in Iran and thus the need to redistribute the resources to improve equity in access. Table 3 presents a summary of the objectives and findings of these studies.

**3-** Health Financing: A total of 31 (27%) of the studies addressed equity in health financing. The major concern about equitable health financing is inequalities between the poor and the rich. Three main focus areas of equity in health financing are OOP, catastrophic payments (those that exceed a prespecified threshold), and impoverishing payments (those that cause a household to fall below the poverty line). A brief overview of the objectives and results of these studies is presented in Table 4.

#### Discussion

More than 90% of the final included studies had a cross-sectional design with a quantitative approach, and only 4% were qualitative. Analyzing inequality in the preventive,

outpatients, inpatients, diagnostic, and other clinical and medical services constructed about 30% of the studies. The main outcome of interest for Iranian health equity researchers was health resources (human resources, beds, and equipment). There was not any meaningful contribution in analyzing the outside health system contributors to analyzing the health equity.

The findings of our systematic review showed that health equity and its various dimensions were of major research concern in Iran. The included studies mostly assessed the distribution of resources, used macro data (such as the statistical data obtained from the Statistical Center of Iran or the MOHME), and were descriptive. Our review identified 3 main dimensions of equity: health outcomes, utilization, and financing categories. In terms of health outcomes, the studies focused on inequalities in life expectancy; maternal mortality; child mortality; and risk factors, such as diabetes, and obesity; and health indicators, eg, child health, oral health, and specific diseases. Continuous reforms, eg, the expansion of primary health care (PHC) networks, the modified medical education system to respond to increasing demand for expert human resources for health (HRH), and advances in insurance coverage have all contributed to increased life expectancy, decreased mortality, and improved health literacy. However, great challenges still remain, eg, equitable distribution of the health resources, ie, HRH across the country, especially in deprived and marginalized

Author(s)	Aims	Study Design	Newcastle-Ot- tawa Scale**	Main outcome(s)
Emamian MH, Fateh M, Hosse- inpoor AR, Alami A, Fotouhi A.(17)	To describe socio-economic inequality with obesity and its associated factors	A cross-sectional study through analyz- ing the national sur- veillance data for 2005	Good	Slop index of inequality Concentration Index Decomposition inequality in obesity
Farzadi F, Ahmadi B, Shariati B, Alimohamadian M, Mohamad K.(18)	Looks at the trend in the population gender ratio from 1956 to 2006, with a focus on analyzing mortality rates and hence the overall health of Ira- nian women	A cohort analysis on population censuses in Iran	Good	"Comparison of Mortality in the 25–34 years age group in 1956–1966 compared with subsequent decades.
Gooshki ES, Rezaei R, Wild V.(19)	To shed light on the health of mi- grants in Iran from the perspective of social justice	A systematic Review	Satisfactory	Adverse health consequences for population
Moradi-Lakeh M, Bijari B, Namiranian N, Olyaeemanesh A- R, Khosravi A. (20)	To assess the trend of geographical disparities between rural areas	A trend observational study	Good	Crude Mortality Rate Neonatal Mortality rate Infant Mortality Rate Under Five Mortality Rate
Nedjat S, Hosseinpoor AR, Forouzanfar MH, Golestan B, Majdzadeh R. (21)	This study aims to estimate health in- equality between different socioeco- nomic groups and its determinants	A cross-sectional study through a Pop- ulation survey in Tehran	Good	Concentration Index Decomposing socio-economic factors affecting the health status
Emamian MH, Zeraati H, Maj- dzadeh R, Shariati M, Hashemi H, Jafarzadehpur E, et al. (22)	To investigate economic inequality and its determinants in near vision, in a middle-aged population	A cross-sectional study	Good	The main contributors of gap between lower and higher socio-economic group through Oaxaca-Blinder Decomposition
Morasae EK, Forouzan AS, Maj- dzadeh R, Asadi-Lari M, Noor- bala AA, Hosseinpoor AR. (23)	To measure socioeconomic inequality in mental health, and then to untangle and quantify the contributions of potential determinants of mental health to the measured socioeconomic inequality	A cross-sectional study through a Pop- ulation survey in Tehran	Good	"The overall CI of mental health in Tehran was -0.0673 (95% CI = -0.0700.057). Decomposition of the CI revealed that economic status made the largest contribution (44.7%) to socioeconomic inequality in mental health. Educational status (13.4%), age group (13.1%), district of residence (12.5%) and employment status (6.5%)."
Ramezani Doroh V, Vahedi S, Arefnezhad M, Kavosi Z, Mo- hammadbeigi A. (24)	To decompose the health inequality of people living in Shiraz	A cross-sectional study through a mul- tistage-sample survey	Good	Concentration Index for Mental and General Health Decomposing inequality
Veisani Y, Delpisheh A. (25)	To understand the determinants of socioeconomic inequality of mental health in the female-headed house-holds	A cross-sectional study	Satisfactory	Concentration Index Decomposing Inequality
Amirian H, Poorolajal J, Roshanaei G, Esmailnasab N, Moradi G. (26)	The effect of inequity on health out- comes was investigated via a three- stage procedure	A cross-sectional study through a mul- tistage-sample survey	Good	Concentration Index
Khajavi A, Pishgar F, Dehghani M, Naderimagham S. (27)	To assess inequalities in infant mortality in rural regions	A trend analysis in national scale	satisfactory	Comparing the decreasing rate of mortality over the time
Alizadeh M, Laghousi D.(28)	To assess the trend of geographical disparities in child and maternal mortality rates	A population-based trend analysis	satisfactory	Index of Disparity in Neonatal, Infant and Under Five Mortality Rates between 1999 and 2013.
Rarani MA, Rashidian A, Arab M, Khosravi A, Abbasian E.(29)	To measured socioeconomic inequality in under-five mortality in Iran and across its provinces.	A cross-sectional study on multiple in- dicator demographic and health Survey	satisfactory	Concentration Index for Under Five Mortality Rate.
Kiadaliri AA. (30)	To assess gender and social dispari- ties in Esophagus cancer incidence across Iran's provinces through 2003-2009	A trend analysis by Iran National Statisti- cal Centre	Satisfactory	Rate ratios and Kunst and Mackenbach rel- ative indices of inequality (RIIKM) were used to assess gender and social inequalities
Kiadaliri AA, Saadat S, Shahna- vazi H, Haghparast-Bidgoli H. (31)	To assess overall, gender and social inequalities across Iran's provinces during 2006–2010.	A time trend prov- ince-level study	Good	Rate ratio and Kunst and Mackenbach rela- tive index of inequality were used to assess overall, gender and social inequalities, re- spectively.
Ghorbani Z, Ahmady AE, Ghasemi E, Zwi A. (32)	To identify the socioeconomic distri- bution of perceived oral health among adults	A cross-sectional population-based sur- vey in Tehran	Good	Concentration Index of non-replaced ex- tracted teeth (NRET), and m perceived den- tal health
Hosseinpoor AR, Mohammad K, Majdzadeh R, Naghavi M, Abolhassani F, Sousa A, et al. (33)	To measure the socioeconomic inequality in infant mortality in Iran	A cross-sectional study on Iran Demo- graphic and Health Survey data	Good	Concentration Index in Infant Mortality Decomposition Inequality

areas, suffer from unfavorable economic conditions (11, 128, 129). Demographic transitions, urbanization, and lifestyle changes have altered the pattern of diseases from communicable to noncommunicable diseases (NCDs), whose risk factors vary, as our included studies revealed, among various socioeconomic groups. Thus, tackling it would require enhancing public health literacy about such risk factors and the ways to prevent them (45, 130, 131). Regarding utilization of health services, inequalities in the distribution of the health resources, for instance, the existing gap in the available health sector resources, eg, access to specialist physicians, and the distribution of hospital beds, particularly intensive care and burn beds, are among major concerns. Despite the continuous efforts to improve the status, including the recent health transformation plan (HTP) that

Table 2. Ctd Author(s) Study Design Newcastle-Ot-Main outcome(s) Aims tawa Scale Hosseinpoor AR, Van Doorslaer To quantify the determinants' contri-Decomposing of Inequality A cross-sectional E, Speybroeck N, Naghavi M, butions of socioeconomic inequality study on Iran Demo-Mohammad K, Majdzadeh R, et graphic and Health Survey data Almasi-Hashiani A, Sepidarkish To determine the economic inequal-A population-based Good "Decomposition of the Concentration In-M, Safiri S, Morasae EK, Shadi ity in history of stillbirth and undercross-sectional study dex of stillbirth Y, Omani-Samani R.(35) standing determinants of unequal distribution of stillbirth in Tehran, Iran. Rad EH, Khodaparast M. (36) Taxation system and health insur-A cross-sectional Satisfactory Kakwani Index of health insurance contriance contribution of Iranians were analysis on data obtained from Iran Staassessed tistical Center. Emamian MH, Zeraati H, Maj-To report the status of the unmet re-A cross-sectional Good Oaxaca-Blinder decomposition method of dzadeh R, Shariati M, Hashemi fractive need and the role of econested case-control unmet refractive need H, Fotouhi A. (37) nomic inequality Hosseinkhani Z, Nedjat S, Afla-To assess the association of child Concentration Index of child maltreatment A cross-sectional Satisfactory touni A, Mahram M, Majdzadeh maltreatment with socioeconomic study status among schoolchildren Mansouri A, Rarani MA, Fallahi To estimate and decompose educa-A cross-sectional Good Concentration Index M, Alvandi I. (39) tional inequalities in the prevalence study of IBS Fateh M, Emamian MH, Asgari Slop index of inequality (SII) and concen-To investigate the socioeconomic in-A cross-sectional Good tration index (C) for hypertension. F. Alami A. Fotouhi A.(40) equality of hypertension in Iran and study to identify its influencing factors Oaxaca-Blinder decomposition Moradi G, Ardakani HM, Maj-To determine the socioeconomic sta-A cross-sectional Good The concentration index, concentration curve, and comparison of Odds Ratio (OR) dzadeh R, Bidarpour F, Mohamtus (SES) of inequalities and the prostudy mad K, Holakouie-Naieni K. portion of the determinants in nonuse in different SES groups were used to measof seat belts in cars and helmets on ure the socioeconomic inequalities using motorcycles logistic regression. Veisani Y, Delpisheh A, Moradi To estimate the relationship beconcentration index (CI) and decomposing Good A cross-sectional G, Hassanzadeh J, Sayehmiri K. tween the socioeconomic status and study contribution in inequality addiction and mental disorders in suicide attempts Tourani S. Zarezadeh M. Raada-Determining regional disparity of A cross-Sectional Satisfactory Gini Coefficient badi M, Pourshariati F.(43) obstetrics and gynecology services Study and its association with children and infant mortality rates Entezarmahdi R, Majdzadeh R, To measure inequality of disability A cross-sectional Satisfactory extended concentration index decomposi-Foroushani AR, Nasehi M, in leprosy study Lameei A, Naieni KH.(44) Moradi G, Mohammad K, Maj-To determine socioeconomic ine-A trend analysis of Good Concentration Index dzadeh R, Ardakani HM, Naieni qualities in risk factors for NCDs inequality KH.(45) Naghdi S, Ghiasvand H, Zadeh Gini Coefficient To estimate the impact of some A time trend ecologi-Satisfactory macro-economic factors specially NS, Azami S, Moradi T.(46) cal study inequality factors on the Iranian rural health status Kiadaliri AA.(47) Investigating social disparities in Satisfactory rate ratio and Kunst and Mackenbach rela-A time trend provbreast cancer (BC) and ovarian cantive index of inequality were used to assess ince-level study cer (OC) incidence rates among social disparities Kia AA, Rezapour A, Khosravi To assess the socioeconomic ine-A crosse-sectional Good Concentration Index A, Abarghouei VA.(48) quality in malnutrition in under-5 study children Moradi G. Moinafshar A. Adabi Satisfactory Concentration Index To evaluate socioeconomic inequal-A crosse-sectional H, Sharafi M, Mostafavi F, Bolities in the oral health status study banabad AM. Kiadaliri AA, Asadi-Lari M, Slope Index of Inequality (SII) and the Rel-To examine educational inequalities A population based Good Kalantari N, Jafari M, Mahdavi ative Index of Inequality (RII) among adults cross-sectional study MRV, Faghihzadeh S.(50) Emamian MH, Zeraati H. Mai-To explore inequality in visual im-A cohort study Good Blinder-Oaxaca decomposition dzadeh R, Shariati M, Hashemi pairment H, Fotouhi A.(51) Hosseini M, Olyaeemanesh A To identify the state of gender equity A mixed method Satisfactory Gender Inequality in different aspects of Ahmadi B, Nedjat S, Farzadi F, in the health sector of the Islamic Rehealth indicators Arab M, et al.(52) Moradi G, Majdzadeh R, Mo-To determine the status of diabetes A time trend compar-Concentration Index Good hammad K, Malekafzali H, Jafari socioeconomic inequality and the ative study Decomposition Inequality S. Holakouie-Naieni K 51 share of determinants of inequalities Emamian MH. Fateh M. Gor-To describe the socio-economic ine-A cross-sectional Good Concentration Index gani N, Fotouhi A.(53) quality in stunting and its determipopulation-based Oaxaca-Blinder Decomposition nants

increased total hospital beds in Iran (132, 133), the equitable distribution of secondary care resources still remains a big challenge across the country, particularly the remote and marginalized areas. The latter needs great caution to

balance the significant costs to improve access at the price of enhancing fair access (75, 82, 134). As for health financing, the inequality in the distribution of health care costs and households' high exposure level to significant costs of

Table 2. Ctd

Author(s)	Aims	Study Design	Newcastle-Ottawa Scale**	Main outcome(s)
Raeisi A, Mehboudi M, Darabi H, Nabipour I, Larijani B, Mehrdad N, et al.(54)	To investigate the socioeconomic inequal- ity of overweight and obesity among the el- derly	prospective cohort study	Good	Concentration Index and the Lorenz curve
Safiri S, Kelishadi R, Heshmat R, Rahimi A, Djalalinia S, Ghasemian A, et al.(55)	To describe the socioeconomic inequality associated with oral hygiene behavior	A cross-sectional Study	Good	Concentration Index (C) and the slope index of inequality (SII)
Peykari N, Djalalinia S, Qorbani M, Sobhani S, Farzadfar F, Larijani B. (56)	Summarizing evidences on associations between socioeconomic factors and diabe- tes in Iranian population	A systematic review	Good	The prevalence of diabetes among different socio- economic and demographic groups.
Ravaghi H, Goshtaei M, Olyaee Manesh A, Abolhassani N, Arabloo J (57)	Obtain a deeper understanding of the de- velopment of health equity indicators and identify their implementation challenges	A qualitative study	Satisfactory	Shaping the stakeholder's perspective for different health inequality indicators
Zaboli R, Tourani S, Seyedin SH, Ma- nesh AO (58)	To determine and prioritize the social de- terminants of health inequality in Iran	A mixed method	Good	Shaping framework for including SDH approach in health equity
Beheshtian M, Manesh AO, Bonakdar S, Afzali HM, Larijani B, Hosseini L, et al.(59)	Determining health equity indicators in Iran	A literature review	Satisfactory	"52 indicators have been determined as health eq- uity indicators in five areas including health, social and human development, economic development, physical environment and infrastructure and gov- ernance."
Sadeghipour Roudsari H, Sherafat Kazemzadeh R, Rezaeie M, De- rakhshan M.(60)	To assess the knowledge, attitudes and practices of men, Iranians and Afghan refugees, regarding reproductive health	A cross-sectional Study	Satisfactory	"Mean scores for knowledge, attitudes and practices for Iranians were 4.38/30, 13.89/20 and 12.99/31 respectively; for Afghans the scores were 3.79/30, 11.66/20 and 11.88/31."

Table 3. Summary of articles focusing on equity in healthcare utilization

Bidgoli HH, Bogg L, Hasselberg M.(61)  To assess the distribution of pre-hospital trauma care facilities reflect the burden of Road Traffic Injury (RTI) and Mortality (RTM)  Mohammadbeigi A, Hassanzadeh  J, Eshrati B, Rezaianzadeh A.(62)  Mohammadbeigi A, Hassanzadeh  To determine and compare the socioeconomic inequal to the determinants of the	lity
(RTI) and Mortality (RTM)  Mohammadbeigi A, Hassanzadeh A. (62) Mohammadbeigi A, Hassanzadeh A. (62) Mohammadbeigi A, Hassanzadeh  To investigate and decompose the determinants of Cross-Sectional Population  Cross-Sectional Population  Good  Decomposing Inequal based  To determine and compare the socioeconomic inequal Cross-Sectional Population  Good  Concentration Index	•
Mohammadbeigi A, Hassanzadeh J, Eshrati B, Rezaianzadeh A. (62) Mohammadbeigi A, Hassanzadeh To investigate and decompose the determinants of J, Eshrati B, Rezaianzadeh A. (62) healthcare utilization (HCU) based  Mohammadbeigi A, Hassanzadeh To determine and compare the socioeconomic inequal compares the socioeconomic inequal com	•
J, Eshrati B, Rezaianzadeh A. (62) healthcare utilization (HCU) based  Mohammadbeigi A, Hassanzadeh To determine and compare the socioeconomic ineq-  Cross-Sectional Population Good Concentration Index	•
Mohammadbeigi A, Hassanzadeh To determine and compare the socioeconomic ineq- Cross-Sectional Population Good Concentration Index	
J, Eshrati B, Rezaianzadeh A. (63) uity in HCU by CI and odds ratio (OR) based	124
Noroozi M, Rahimi E, Ghisvand H, Qorbani M, Sharifi H, Noroozi utilization of NSPs and to decompose it to its deter-	iity
II, Quotani M, sharii II, ivotozzi utilization di NSFS and to decompose it to its deter-	
Davari M, Maracy MR, Aslani A, To evaluate the equity in access to pharmaceutical Cross-Sectional Good Concentration and L.	orenz curves
Bakhshizadeh Z. Khorasani services	orenz eur ves.
E.(65)	
Ramandi SD, Niakan L, Aboutor- To determine how doctors, paramedics and hospital Trend Analysis Satisfactory Gini Coefficient	
abi M, Noghabi JJ, Khammarnia beds are distributed in Iran	
M, Sadeghi A. (66)	
Kiadaliri AA, Najafi B, To evaluate the distribution of need and access to Cross-Sectional Ecological Good Lorenz Curve, Gini C	Coefficient, De
Haghparast-Bidgoli H.(67) health care services among Iran's rural population Study of Dissimilarity	
Kavosi Z, Mohammadbeigi A, To measure horizontal inequity in access to outpatient Cross-Sectional Population Good Concentration Index	
Ramezani-Doroh V, Hatam N, services based Survey Horizontal Inequity	Index
Jafari A, Firoozjahantighi A. (68)	
Karyani AK, Azami SR, Rezaei To investigate the geographical distribution of gyne- Cross- Sectional Satisfactory Gini Coefficient	
S, Shaahmadi F, Ghazanfari S. cologists and midwives and to determine their distri- bution trend	
(67) Building and Meshkini AH, Kebriaeezadeh A. To analyze the geographic distribution and accessibil- A cross-sectional geo- Satisfactory straight-line distance	meacuremen
Janghorban MR, Keshavarz K, ity of pharmacies in the municipal territory for both	measuremen
Single-found (A.C.) by plantation and drivers	
Hajizadeh M, Connelly LB, But- To analyze inequities of health care utilization A cross-sectional popula- Good Concentration Index	
ler JR, Khosravi A.(71) tion-based study Horizontal Inequity I	ndex
Noroozi M, Sharifi H, Noroozi A, To explore the contribution of economic status to in- A cross-sectional behav- Good Oaxaca-Blinder Dec	omposition
Rezaei F, Bazrafshan MR, Ar- equality in unprotected sex among people who inject ioral survey in Tehran	•
moon B.(72) drugs (PWID)	
Geravandi S, Najafi M, Rajaee R, To compare the distribution of burn beds with its dis- A cross-sectional study Satisfactory Gini Coefficient	
Mahmoudi S, Pakdaman M. (73) ability-adjusted life years (DALY) in Iran	
Sefiddashti SE, Arab M, Gha- To determine the trend of inequality in the allocation A cross-sectional study Satisfactory Gini Coefficient	
zanfari S, Kazemi Z, Rezaei S, of human resources in the health sector	
Karyani AK. (74) Honarmand R, Mozhdehifard M, To determine distribution of maternal and child health A cross-sectional study Satisfactory Gini Coefficient	
Kavosi Z. (75) related workforces	
MORADI LM, Ramezani M, To determine the equality in safe delivery indices, i.e., A cross-sectional study Good Concentration Index	for appropria
Naghavi M.(76) appropriate place of delivery, type of delivery and normal vaginal deliv	
skilled attendant for delivery, and their determinants liver	,
in Iran.	
Meskarpour-Amiri M, Mehdiza- To determine the trend of inequality in the distribution A cross-sectional study Satisfactory Gini Coefficient for I	CU and NI
deh P, Barouni M, Dopeykar N, of intensive care beds	
Ramezanian M.(77)	
Jadidi R, Mohammadbeigi A, To evaluate the inequity in timely vaccination with a A historical cohort study Good Concentration Index	
Mohammadsalehi N, Ansari H, focus on inequities in timeliness for timely vaccination	n
Ghaderi E.(78)	A (ECA)
Masoodi M, Rahimzadeh M.(79)  To investigate geographical accessibility of residential areas to health services  A cross-sectional geographical information sys-  graphical information sys-	
tial areas to health services graphical information sys- tem nique	ise Time (KT
Emamian MH, Zeraati H, Maj- To assess the role of economic inequality in the A cohort study Good Oaxaca-Blinder dec	omnosition of
dzadeh R, Shariati M, Hashemi H, utilization of eye care services, and to identify its de-	
Fotouhi A. (80) terminants	
Homaie Rad E, Ghiasi A, Inequalities between general physicians' (GP) and A cross-sectional popula-	of general pr
Arefnezhad M, Bayati M. (81) specialists' visits; also, the factors effecting the utilition-based study cialists' visits.	- 1
zation of visits were determined	
Kazemi Karyani A, Kazemi Z, To investigate the inequality and trend of geographic A time trend analysis Satisfactory Gini Coefficient and	Index of Diss
Shaahmadi F, Arefi Z, Ghazanfari accessibility to Pediatricians bility to pediatrics	
S.(82)	

health care were extensively considered in many studies. We found an unfavorable status of FFCI (concentration, Gini coefficient, and Kakwani) indices and exposure to health catastrophic costs in the course of the past 2 decades

Ta			

Author(s)	Aims	Study Design	Newcastle-Ottawa Scale**	Main outcome(s)
Meskarpour-Amiri M, Dopeykar N, Ameryoun A, Tavana AM.(83)	To examined inequality in geographical distribution of cardiovascular health services	A cross-sectional study	Satisfactory	Gini Coefficient of CCU beds ar diologist
Mobaraki H, Hassani A, Kashkalani T, Khalilnejad R, Chimeh EE.(84)	To assess distribution of all human resources in public sector of the country	A cross-sectional study	Satisfactory	Gini Coefficient and Rabin ho dexes for human resources distri
Omrani-Khoo H, Lotfi F, Safari H, Jame SZB, Moghri J, Shafii M. (85)	To examine both equality and equity in resources distribution	A cross-sectional study	Good	Gini Coefficient and Rabin ho Concentration Index of hemod beds
Sari AA, Rezaei S, Rad EH, Dehghanian N, Chavehpour Y. (86)	To investigate the disparity in the distribution of health physical resources	A cross-sectional retro- spective study	Good	Gini Coefficient, Gaswirth ind Index of Dissimilarity of Health ical resources
Mohammadbeigi A, Arsang- jang S, Mohammadsalehi N, Anbari Z, Ghaderi E. (87)	To estimate the inequity related to the educational level of parents on the access and utilization of oral health care	A cross-sectional study	Good	concentration (C) index of inequalities to the educational level of join the access and utilization of health care
Rad EH, Kavosi Z, Arefnezhad M.(88)	To describe inequality in dental care utiliza- tion in Iran	A cross-sectional popu- lation-based study	Good	concentration index of dental calization in Iran
Hatam N, Zakeri M, Sadeghi A, Ramandi SD, Hayati R, Siavashi E.(89)	To assess the distribution of hospital beds in Shiraz in 2014	A retrospective cross- sectional study	Satisfactory	Gini Coefficient of hospital bed
Ameryoun A, Meskarpour- Amiri M, Dezfuli-Nejad ML, Khoddami-Vishteh H, Tofighi S.(90)	to evaluate the inequality of geographical dis- tribution of non-cardiac intensive care beds	A cross-sectional study	Satisfactory	geographical distribution of no diac intensive care beds in Irar the Gini coefficient
Hashemi H, Rezvan F, Fotouhi A, Khabazkhoob M, Gilasi H, Etemad K, et al. (91)	To investigate distribution of the cataract surgical	A cross-sectional study	Satisfactory	Concentration Index of Catarac gery per 1 million population
Reshadat S, Saedi S, Zangeneh A, Ghasemi S, Gi- lan N, Karbasi A, et al. (92)	To analyze the spatial accessibility to urban primary-care centers of the population in Kermanshah city, Islamic Republic of Iran	A descriptive-analyti- cal study over 3 time periods	Good	The analysis was based on a st radius of 750 m distance from centers, walking speed of 1 m/s a sired access time to health cen 12.5 mins.
Rezaei S, Karyani A, Fallah R, Matin B. (93)	To evaluate inequalities in the geographical distribution of human and physical resources in the health sector	A cross-sectional study	Satisfactory	Gini coefficient for human reso
Chavehpour Y, Rashidian A, Raghfar H, Emamgholipour sefiddashti S, Maroofi A.(94)	To assesses the 'inverse care law' hypothesis: whether hospitals tended to be built in the relatively better-off areas through the time	A longitudinal time-se- ries study	Good	Gini Coefficient of public and beds.
Nemati R, Seyedin H, Nemati A, Sadeghifar J, Nasiri AB, Mousavi SM, et al. (95)	To examine the disparities in access to health care services	A cross-sectional study	Satisfactory	Scalogram analysis model to ac health care services.
Yari A, Nedjat S, Asadi-Lari M, Majdzadeh R (96)	Gaining a deeper understanding of people's perception on inequality of health and its determinants	A qualitative	Good	"Consensus on social, menta physical health inequality
Mohammadi S, Gargari SS, Fallahian M, Källestål C, Ziaei S, Essén B.(97)	To investigate whether care quality for maternal near miss (MNM) differed between Iranians and Afghans and identify potential preventable attributes of MNM	cross-sectional study	Good	risk of maternal near miss (MNI suboptimal care among Afghan Iranians

Table 4. Summary of articles focusing on equity in health financing

Citation	Aims	Study Design	Newcastle-Ottawa Scale**	Summary Results
Rezapour A, Arabloo J, Tofighi S, Alipour V, Sepandy M, Mokhtari P, et al.(98)	To determine the equity in health care payments and determining factors among households	A cross-sectional study	Good	Catastrophic and Impoving Health care expenditu
Rezapour A, Ghaderi H, Azar FE, Larijani B, Gohari MR.(99)	To determine the effects of OOP payment for health care services on households	A cross-sectional study	Good	Concentration Index for pacity to pay and health payments
Zare H, Trujillo AJ, Driessen J, Ghasemi M, Gallego G. (100)	Inequalities assessment of health care expenditures	A longitudinal study	Good	Kakwani Index of healt penditures
Davari M, Kheyri M, Nourbakhsh SMK, Khadivi R. (101)	To evaluate households' health financial protection in different quintiles after implementation of family physician.	A time trend study	Satisfactory	Comparison between dif socio-economic group by Square

in Iran. Despite notable OOP reduction after the HTP implementation, the still high OOP remains a considerable challenge in Iran. Also, citizens in lower socioeconomic

quintiles maybe prone to more severe financial hardship due to health expenses, all of which demand greater atten-

Citation	Aims	Study Design	Newcastle-Ottawa Scale**	Summary Results
Khammarnia M, Keshtkaran A, Kavosi Z, Hayati R.(102)	To investigate the households' impoverishment due to the healthcare costs	A cross-sectional study	Satisfactory	Health care expenditure ishing effect
Delavari H, Keshtkaran A, Setoudehzadeh F. (103)	To determine the percentage of households with cancer patients that face catastrophic health expenditures.	A cross-sectional study	Satisfactory	Catastrophic health expend
Kavosi Z, Rashidian A, Pourreza A, Majdzadeh R, Pourmalek F, Hosseinpour AR, et al. (104)	To assessed change in household catastrophic health care expenditures	A longitudinal population- based study	Good	The proportion of househo catastrophic health ex (CHE)
Fazaeli AA, Seyedin H, Moghaddam AV, Delavari A, Salimzadeh H, Varmazyar H, et al.(105)	To present a trend analysis for the indicators related to fairness in healthcare's financial burden	A time trend study	Satisfactory	"The percentage of people astrophic Health Expenditu Fairness in Financial Contr
Juyani Y, Hamedi D, Jebeli SSH, Qasham M.(106)	To investigate on what extent Multiple sclerosis patients face catastrophic costs.	A cross-sectional study	Satisfactory	Ratio of catastrophic costs
Hajizadeh M, Connelly LB.(107)	To examine the progressivity of health insurance premiums and consumer co-payments	A time trend analysis	Good	Kakwani Progressivity Indi
Hajizadeh M, Nghiem HS.(108)	To provide a understanding about the inequality and determinants of the CHE for hospital services	A cross-sectional study	Good	out-of-pocket expenditure and the related cat expenditure (CE) for services
Reshadat S, Najafi F, Karami- Matin B, Soofi M, Barfar E, Rajabi-Gilan N, et al. (109)	To measure the financial protection against CHE among hospitalized patients	A cross-sectional study	Satisfactory	Mean of Out-of-Pocket Pa Catastrophic health Expend
Ghorbanian A, Rashidian A, Lankarani KB, Kavosi Z. (110)	To estimate the pooled prevalence of CHE in Iran and identifying	A systematic review and meta-analysis	Good	Pooled Prevalence of Cat Health Expenditure
Ghoddoosinejad J, Jannati A, Gholipour K, Baghestan EB.(111)	To calculate households encountered with catastrophic healthcare expenditures	A cross-sectional study	Satisfactory	Rate of households encou catastrophic health expendi
Mansouri A, Emamian MH, Zeraati H, Hashemi H, Fotouhi A.(112)	To estimate and decompose economic inequality in presenting visual acuity	A cohort study	Good	Concentration Index
Kavosi Z, Keshtkaran A, Hayati R, Ravangard R, Khammarnia M. (113)	Investigated the Household Financial Contributions to the health system	A cross-sectional study	Good	Fairness Financial Cor Index
Piroozi B, Moradi G, Nouri B, Bolbanabad AM, Safari H. (114)	Explore the percentage of households facing CHE after the implementation of HSEP	A cross-sectional study	Good	Catastrophic Health Expend
KATAN Khosravi A, Arab M, Abbasian E, Morasae EK.(115)	Decompose inequality in neonatal mortality into its contributing factors	A comparative longitudinal study	Good	Inequality in neonatal mor normalized Concertation In
Daneshkohan A, Karami M, Najafi F, Matin BK.(116)	To estimate FFCI and quantify extent of catastrophic household heath expenditures	A cross-sectional study	Good	The proportion of househol catastrophic health expendi
Moghadam MN, Banshi M, Javar MA, Amiresmaili M, Ganjavi S.(117)	Measure percentage of Iranian households exposed to catastrophic health expenditures	A cross-sectional study	Good	Catastrophic Health Exp Ratio
Sanjah S. (17) Abolhallaje M, Hasani S, Bastani P, Ramezanian M, Kazemian M.(118)	To identify measures of fair financing of health services and determinants of fair financing contribution	A cross-sectional study	Satisfactory	Rate for Out of Payments health expenditure
Ghiasvand H, Naghdi S, Abolhassani N, Shaarbafchizadeh N, Moghri J.(119)	This study investigated the Iranian rural and urban households' inequality in payments on food and OOP health expenditures	A cross-sectional time trend study	Good	Concentration Indices for I Health Expenditure
Ghafoori MH, Ebadifard Azar F, Arab M, Mahmoodi M, Yusef Zadeh N, Rezapour A.(120)	To determine disparities in health expenditures by means of different approaches	A cross-sectional population- based study	Satisfactory	Fairness in Financial Contr Concentration Index Catastrophic Health Expend

tion by policymakers in Iran. In particular, insurance policies need serious reforms to cover needed and evidence-informed benefit packages, purchaser-provider split, fact-based premium calculation, and progressive approaches to cover the poor living in rural and deprived areas (110, 135, 136).

# **Study limitations**

Health equity includes a vast range of topics; thus, conducting just a systematic review cannot show the details of the studies. Therefore, it is better to conduct several systematic reviews on the aspect of health equity to achieve better results. We considered all aspects of health equity

Table 4. Ctd Newcastle-Ottawa Citation Aims Study De-Summary Results Scale Anbari Z, Mohammadbeigi A, Catastrophic Costs Ratio Evaluating some health expenditure of A cross-Good Mohammadsalehi N. Ebrazeh inpatient and outpatient care as well as sectional A.(121) assessing the predictors of catastrophic study costs for inpatient care Rezapour A, Vahedi S, Khiavi FF, Analyzing CHE among households with Satisfactory The Catastrophic Health A cross-Esmaeilzadeh F, Javan-Noughabi J, and without chronic NCDs sectional Expenditure incidence Rajabi A.(122) study intensity households with chronic NCDs" To explore the mean of OOP payments Ghiasvand H, Gorji HA, Maleki M, A cross-Good The Catastrophic Health Hadian M.(13) among Iranian households for health sectional Expenditure headcount services and the level of inequality in its ratio study distribution The overshoot of Catastrophic Health Expenditure ratio Rezapour A, Azar FE, Aghdash To assess the inequality in household's Good A cross-Concentration Index for SA, Tanoomand A, Ahmadzadeh capacity to pay and OOP health care sectional household's Out-of-N, Asiabar AS.(123) payments study Pocket payments "The Rezapour A, Azar FE, Aghdash Measuring equity in household's health A cross-Good Fairness in SA, Tanoomand A, Shokouh SMH, Financial care payments according to FFCI and sectional Contribution Yousefzadeh N, et al. (124) Kakwani indices study Index for households in health financing Kakwani index Ghiasvand H, Sha'baninejad H, calculate the proportion of A cross-Good Ratio and likelihood of exposure to Catastrophic Arab M, Rashidian A.(125) hospitalized patients exposed to sectional catastrophic medical payments study Health Expenditure Ibrahimipour H, Maleki M-R, To understand the Iranian health Good There are seven major Brown R, Gohari M, Karimi I, financing system and provide lessons for qualitative obstacles to universal Dehnavieh R. (126) policy makers about achieving universal study coverage: unknown coverage insured rate: regressive financing and nontransparent financial flow; fragmented system; non-scientifically designed benefit package; non-health-oriented and expensive payment system; uncontrolled demands; administrative deficiency' develop "The Naghdi S, Moradi T, Tavangar F, Investigating barriers to Satisfactory major themes Bahrami G, Shahboulaghi M, financial protection as a requirement to qualitative included the political, Ghiasvand H.(127) achieve universal health coverage study social and economic context of the country, the context and structure of healthcare system and dimensions of UHC"

analysis in Iran, but extracting, summarizing, and reporting the retrieved evidence was a major challenge. Therefore, we have organized our research plan based on the current approaches of World Bank researchers. We used their classification approach for different topics in health equity analysis.

In addition, although primarily we ran search on the published studies in Persian language, based on our initial presumption and then the assessment of the retrieved studies, we decided to ignore them.

# **Implications for Future Research**

We advocate the use of SDH perspective and other factors that affect health, including genetic and biological factors, food and nutrition, environmental and social factors, and even the impact of social and economic macro policies of the governments on health in studying health inequalities. Unless researchers study health inequalities through comprehensive lenses that accommodate social aspects, meaningful tackling

of such inequalities towards sustainable health development might be compromised.

#### Conclusion

This systematic review aimed to shed light on the various factors that contributed to health inequalities in Iran. Many studies approached the issue from the lenses of health system and focused on outcomes, utilization, and financial domains of inequalities as the main challenges to equity. Yet, the literature is tiny to accommodate the social problems that may be the cause of inequality in Iran. For instance, social issues such as unemployment, divorce, child labor,

living in slums, and homelessness, which might be the consequences of social inequalities, need to be addressed while analyzing health inequalities in any settings.

In fact, policymakers in Iran need to develop directions in their health equity research priorities toward containing the factors that are not necessarily within the health system. Encouraging interdisciplinary research projects with social scientists is an urgent need.

#### **Conflict of Interests**

The authors declare that they have no competing interests. Ethics approval and consent to participate: IR.TUMS. VCR.REC.1397.230.

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#### Appendix

Search strategy:

PubMed/MedLine:

Cochrane Library:

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#1 Health
#2 Health Services
# 3 Health Care
#4 Health Outcomes
#5 Health Consequences
#6 Health System
#7 Health Resources
#8 Availability
#9 Accessibility
#10 Utilization
#11 Expenditure
#12 Payments
#13 Equity
#14 Inequity
# 15 Equality
#16 Inequality
#17 Fairness
#18 Disparity
#19 Acceptability
#20 #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7
#21 #8 OR #9 OR #10 OR #11 OR #12
#22 #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19
#23 #20 AND #21 AND #22
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