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# The status of *PAH* gene-VNTR alleles and mini-haplotypes associations with *PAH* gene mutations in Iranian Kurdish PKU patients

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## **Abstract**

**Background:** The analysis of haplotypes/mini-haplotypes in the *PAH* gene has been used as an informative tool in several genetic anthropology studies. Considering the notion that Iranian population is one of the most heterogeneous i the world, this study was conducted to evaluate the association of VNTR-STR mini-haplotypes with the *PAH* gene mutations in PKU patients in Kermanshah province.

**Methods:** A total of 24 unrelated Kurdish PKU patients with the known *PAH* gene causing mutations and 72 healthy controls were selected. The DNA fragments containing VNTR and STR systems were amplified by polymerase chain reaction (PCR). For VNTR system, PCR products were separated using electrophoresis on 2.5% agarose gel. For STR system, the samples were analyzed using DNA sequencing analysis version 5.2 software.

**Results:** Overall, 5 *PAH*-VNTR-alleles, including VNTR3, 7, 8, 9, 12, and 3 *PAH*-STR-alleles, including STR238, 242, and 250, were detected in this study. VNTR3 and 8 alleles had the most frequency among healthy controls. Also, 6 different mini-haplotype alleles were found to be associated with PKU chromosomes. The 2 most prevalent mutations in Kermanshah province, IVS2+5G>C and IVS9+5G>A, were strongly linked to mini-haplotypes 9/242 and 8/238, respectively.

Conclusion: The distributions and frequencies of VNTR alleles in Kurdish population have the most similarity to alleles previously described in European Caucasian families. Moreover, since the most common mutations in Kermanshah PKU chromosomes are rare and this was the first study on mini-haplotypes VNTR/STR among Iranian Kurdish PKU patients, given that this study was the first of its kind, it was not possible to compare its results with that of other studies on Iranian and non-Iranian populations.

Keywords: PAH, VNTR, STR, Mini-Haplotype, Iran

Conflicts of Interest: None declared

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#### Introduction

Phenylketonuria [PKU; McKusick OMIM 261600], a developmental disorder with general cognitive disabilities (1) and a type of inborn error of phenylalanine metabo-

lism, is one of the most common of the 300 or so known inherited metabolic diseases (2). Mutations in the Phenylalanine Hydroxylase or *PAH* gene (NCBI Gene ID: 5053),

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#### *↑What is "already known" in this topic:*

- Some believe that Iranian population is one of the most heterogeneous populations of the world.
- VNTR-STR mini-haplotypes in the *PAH* gene are highly informative for mutation analysis, including prenatal diagnosis phenylketonuria.

## →What this article adds:

- This study evaluated the frequencies of the *PAH*-gene-VNTR alleles for the first time in healthy controls in Kermanshah province and confirmed a high degree of heterogeneity among this population.
- This was the first report of association of VNTR-STR minihaplotypes and *PAH* gene mutations in Iranian Kurdish PKU patients.

Table 1. Oligonu	cleotide amplification primers, annealing to	emprature, locat	ion, and length of PCR pro	oducts
Polymorphism system	Primer sequence (5'-3')	Annealing temperature	Location in PAH gene	Length (bp)
VNTR	(F) GCTTGAAACTTGAAAGTTGC (R) GGAAACTTAAGAATCCCATC	56°C	3 ' untranslated region 3 ' untranslated region	Vary according to 30bp cassettes
STR	(F) GCCAGAACAACTACTGGTTC	58°C	Intron 3	Vary according to TCTA repeats

located on chromosome 12 in humans, are the main reason for phenylketonuria. This gene contains 13 exons and encodes 452 amino acids (3). According to the *PAH* locus database (http://www.pahdb.mcgill.ca), more than 800 *PAH* gene mutations have been identified and recorded (4).

The analysis of a variable number of tandem repeat or VNTR of 30-bp cassettes in the *PAH* gene has been used as an informative tool in several genetic anthropology studies (5-8). Geographical location and having a high level of linguistic diversity and different ethnicities make Iran one of the most interesting regions to investigate the relationship between ethnic and genetic processes (9, 10). Previous studies have found a great genetic diversity among Iranian populations (11). Therefore, this study aimed to examine the *PAH*-VNTR status in Iranian Kurdish population living in Kermanshah province and to compare the results with other studies performed on this subject in Iran and other parts of the world.

Along with a large number of informative haplotypes derived from PAH locus polymorphic markers, including several RFLPs, a VNTR, and a series of short tandem repeats or STRs of tetra-nucleotides TCTA (12-14), a VNTR/STR mini-haplotype was developed (3, 12, 15). Due to a Mendelian fashion inheritance and high polymorphic nature, these last 2 genetic markers could be used to give a risk estimation of linked defective alleles, alone or in combination. Moreover, this VNTR may prove useful in studies on the origins and distributions of PAH mutations in different human populations (3, 12, 13). According to our previous studies (16-20), there are at least 15 different PAH-causing mutations, including 2 novel mutations, possibly specific to Kurdish population, among phenylketonuria patients in Kermanshah province. Therefore, the aim of this study was to check mini-haplotype associations of the most frequent PAH gene mutations in PKU patients in Kermanshah province.

# Methods Patients

This study was conducted over a period of 18 months (2014–2015) at Kermanshah University of Medical Sciences, Medical Genetics Laboratory, Kermanshah, Iran. A total of 24 unrelated PKU patients in Kermanshah province, with Kurdish ethnicity and known *PAH* genecausing mutations (16) enrolled in the study. The diagnosis of patients had been based on clinical criteria/laboratory findings (detection of elevated Phe levels in blood samples using HPLC) and disease confirmation was done by molecular genetic analysis. After ethical approval of the project by the ethics committee of Kermanshah University of Medical Sciences (the project and ethics committee code # 89184) and obtaining informed consent

forms, the patients and 72 healthy matched controls, with no genetic and congenital diseases, were tested for minihaplotypes (VNTR/STR) in the *PAH* gene. Rationale for the selection of control to case ratio, 3:1, was based on Kang et al study (21).

#### **Experimental methods**

Genomic DNA extraction was performed following the manufacturer's recommendations of a QIAamp DNA Mini-Kit (Qiagen, USA). Polymerase chain reaction (PCR) amplification was performed in an ABI thermocycler (Applied Biosystems PCR System 9700) using primers shown in Table 1. PCR conditions for amplification of VNTR and STR were as follow: initial denaturation at 95°C for 5 minutes; 30 cycles including denaturation at 95°C for 60 seconds, annealing at 56°C (for VNTR) and 58°C (for STR) for 60 seconds, and elongation at 72°C for 90 seconds in each cycle; and final elongation at 72°C for 5 minutes. For VNTR system, PCR products were separated using electrophoresis on 2.5% agarose gel. Since the amplified products of VNTR may differ by their lengths, a 50-bp DNA-marker was used.

## Sequence analysis

For STR system, 2% agarose gel was stained with green-dye for visualizing the fragment migration. Then, a number of 16 samples whose homozygous *PAH* genecausing mutations were obtained previously and had consanguineous parents (first relatives), which were analyzed by direct sequencing in an ABI-3130 DNA analyzer (Applied Biosystems, USA). PCR products were purified using QIAquick PCR purification kit (Qiagen, USA). After ethanol-sodium acetate precipitation and cycle sequencing of sense and antisense strands, the data were analyzed using DNA sequencing analysis version 5.2 software (Applied Biosystems, USA), and the obtained sequence was compared with the *PAH* gene original sequence.

#### **Results**

Overall, 5 PAH-VNTR and 3 PAH-STR-alleles were detected in this study. The lengths of amplified VNTR products were 364, 484, 514, 544, and 634 bp corresponding to the presence of alleles with 3, 7, 8, 9, and 12 copies of the repeated units, respectively (Table 2). While all 5 alleles were shown in the control group, the VNTR12 allele was absent in the patients. The frequencies of VNTR3, 7, 8, 9, and 12 alleles were as follow: 3 (6.25%), 11 (22.92%), 19 (39.58%), 15 (31.25%), and 0 (0%) in patients and 60 (41.67%), 17 (11.80%), 46 (31.95%), 17 (11.80%), and 4 (2.78%) in controls. From 15 possible genotypes derived from combinations of these alleles, 7 and 12 genotypes were observed in the patients and con-

Table 2. Frequencies of PAH-VNTR alleles and genotypes in Kurdish PKU patients and healthy controls in Kermanshah province, Iran

VNTR-polymorphisms		Patients (N=24)	Controls (N=72)				
		# of alleles/genotypes & frequency (%)	# of alleles/genotypes & frequency (%)				
	VNTR3	3 (6.25)	60 (41.67)				
	VNTR7	11 (22.92)	17 (11.80)				
I.R es	VNTR8	19 (39.58)	46 (31.95)				
VNTR alleles	VNTR9	15 (31.25)	17 (11.80)				
> 's	VNTR12	0 (0)	4 (2.78)				
	VNTR3/VNTR3	0 (0)	13 (18.05)				
	VNTR3/VNTR7	0 (0)	4 (5.55)				
	VNTR3/VNTR8	1 (4.17)	19 (26.39)				
	VNTR3/VNTR9	2 (8.33)	8 (11.11)				
	VNTR3/VNTR12	0 (0)	3 (4.17)				
	VNTR7/VNTR7	5 (20.83)	3 (4.17)				
	VNTR7/VNTR8	1 (4.17)	7 (9.72)				
	VNTR7/VNTR9	0 (0)	1 (1.39)				
es	VNTR7/VNTR12	0 (0)	0 (0)				
Уp	VNTR8/VNTR8	7 (29.17)	8 (11.11)				
not	VNTR8/VNTR9	3 (12.50)	4 (5.56)				
ge	VNTR8/VNTR12	0 (0)	0 (0)				
IR	VNTR9/VNTR9	5 (20.83)	1 (1.39)				
VNTR genotypes	VNTR9/VNTR12	0 (0)	1 (1.39)				
_	VNTR12/VNTR12	0 (0)	0 (0)				

Table 3. The association of PAH gene mutations with VNTR and VNTR/STR mini-haplotype in Kurdish PKU patients. The patients were divided into 2 groups: patients who had a homozygous mutation or heterozygous mutation. For the first group, the VNTR/STR

mini-haplotype was investigated while only the VNTR was checked for the second group.

# of Pati	ients	Mutation genotypes	VNTR	VNTR/STR mini-haplotypes		
	4	IVS2+5G>C/ IVS2+5G>C	9, 9	242/ 242		
with homozy s mutation	3	IVS9+5G>A/ IVS9+5G>A	8, 8	238/ 238		
non ttio	2	p.R261X/ p.R261X	7, 7	242/ 242		
th ]	2	p.K363>Nfs/ p.K363>Nfs	8, 8	238/ 238		
ents with hom- gous mutation	2	IVS10-11G>A/ IVS10-11G>A	7, 7	250/ 250		
Patients gous	1	p.R243Q/ p.R243Q	9, 9	250/ 250		
ati	1	IVS7-5T>C/ IVS7-5T>C	8, 8	242/ 242		
П	1	IVS4+1G>C/ IVS4+1G>C	7, 7	242/ 242		
	2	IVS2+5G>C/ IVS7-5T>C	8, 9			
het	1	IVS8-7A>G/ IVS9+5G>A	7, 8			
ents with heterozygous	1	IVS2+5G>C/ p.V230I	3, 9			
	1	p.R176X/ p.E390G	3, 8			
erc m	1	IVS2+5G>C/p.R243X	3, 9			
Patients erozy mut	1	IVS9+5G>A/ IVS2+5G>C	8, 9			
_	1	p.R176X/ IVS9+5G>A	8, 8			

trols, respectively. The genotypes of VNTR8/VNTR8 (29.17%),VNTR9/VNTR9 (20.83%),and VNTR7/VNTR7 (20.83%)in the patients and VNTR3/VNTR8 (26.39%), VNTR3/VNTR3 (18.05%), VNTR3/VNTR9 (11.11%), and VNTR8/VNTR8 (11.11%) in the controls had the highest frequencies in this study (Table 2).

After analyzing VNTR alleles, it was found that 7 out of 24 patients were homozygous for VNTR8, 5 for VNTR9, and 5 for VNTR7. Also, 3 mutations (IVS9+5G>A, p.K363>Nfs and IVS7-5 T>C), 2 mutations (IVS2+5G>C and p.R243Q), and 3 mutations (IVS10-11G>A, p.R261X and IVS4+1G>C) were associated with VNTR8, 9, and 7 alleles, respectively (Table 3). Moreover, 6 different VNTR/STR mini-haplotypes, including 9:242, 8:238, 7:242, 7:250, 9:250, and 8:242, were found to be associated with PKU chromosomes in patients with homozygous mutation (Table 3). A segment of *PAH*- gene-STR sequence chromatogram with a periodic pattern of TCTA is shown in Figure 1. This segment was common among 3 types of STRs identified in this study (238, 242, and 250).

According to the results of this study, the 2 most prevalent *PAH* gene mutations among PKU patients in Kermanshah province (16), IVS2+5G>C and IVS9+5G>A, were completely linked to mini-haplotypes 9/242 and 8/238, respectively. IVS4+1G>C (c.441+1G>C) and IVS7-5T>C (c.843-5T>C) are 2 novel mutations that may be specific to Kurdish population. Results of this study demonstrated that these 2 mutations are linked to mini-haplotypes 7/242 and 8/242, respectively (16).

#### **Discussion**

According to Da Silva et al (7) and ALFRED database (https://alfred.med.yale.edu/alfred/index.asp), there are at least 12 PAH-VNTR alleles in the human genome. Several studies have been conducted in Iran (5, 22-28) and other parts of the world (15) which reported PAH-VNTR alleles in PKU patients and healthy controls; however, their types and frequencies varied among different populations.

Overall, 5 VNTR alleles and 12 VNTR genotypes were detected in 24 PKU patients and 72 matched healthy controls in Kermanshah province, Iran. VNTR3 and VNTR8

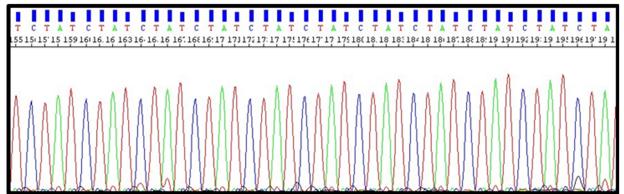


Fig. 1. Example of a periodic pattern of TCTA in PAH-gene-STR system. This segment was common among three types of STRs identified in this study (238, 242 and 250).

were the 2 most frequent alleles in our normal samples with the frequencies of 41.67% and 31.3%, respectively. Also, VNTR3/VNTR8 and VNTR3/VNTR3 genotypes had the most frequencies among genotypes detected. The results of this study are similar to those of the studies conducted by Hosseini-Mazinani et al, who performed a comprehensive study on this subject with samples from all parts of Iran (5) and Kamkar et al in Fars province (24). However, the results of the present study significantly differed with those of studies performed in West Azerbaijan (23), Isfahan (25), and Yazd (22) provinces (Table 4). Overall, the results of this study and other studies conducted in Iran are compatible with the idea that Iranian population is one of the most heterogeneous populations of the world (29, 30). Moreover, Derenko et al (11) proved an extremely high level of genetic diversity in the Iranian population based on the complete mtDNA sequence analysis, which is comparable to the other groups from the South Caucasus, Anatolia, and Europe. Due the high similarity between the distribution and frequency of VNTR alleles in Kurdish population and European Caucasian families (6), it seems that these results are compatible with Derenko et al study (11) (Table 4).

According to our previous studies (16-20), there are at least 15 different *PAH* gene-causing mutations among PKU patients in Kermanshah province. To our knowledge, this was one of the rare studies on mini-haplotypes VNTR/STR among PKU patients from Iran.

Unfortunately, the data on mini-haplotypes were linked to IVS2+5G>C and IVS9+5G>A, as the most frequent mutations in individuals with PKU in Kermanshah province, are rare in the literature (Table 5). In the present study, IVS2+5G>C and IVS9+5G>A mutations were strongly associated with mini-haplotype 9/242 and 8/238, respectively that are compatible with the results of Razipour et al. (12). The IVS10-11G>A is a common mutation in parts of Southern Europe and in Mediterranean countries and Iran (20). This mutation has been found on several distinct mini-haplotypes, most commonly on mini-haplotype 7/250 (15, 27) (Table 5). All of 4 PKU chromosomes harboring mutation IVS10-11G>A in the samples were found to be associated with mini-haplotype

Table 4. The types and frequencies of PAH-VNTR alleles among Iranian populations and other parts of the world
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Population/ geographic region						VNTR a	llele freq	uencies (	%)				
		3	4	5	6	7	8	9	10	11	12	13	14
	Current study	41.67				11.80	31.95	11.80			2.78		
	Iran (whole parts) (5)	45			2.3	12.2	31.3	9.2					
Iran	West Azerbaijan (23)	50					49			1			
IIaII	Isfahan (21)	45		0.4	3	25	11	11	1	1.4		2.4	
	Yazd (18)	20				20	33	13		7	7		
	Fars (20)	44			4	13	26	9				4	
		28				12	44.8	11.2			4		
European C	aucasians (6)												
	Adygei	36			1	7	36	15		4	1		
E	Karachay	32		1	1	9	37	15		5			
Europe <sup>r</sup>	Kumyk	41		1		7	37	1		5 2			
	Nogay	45			1	19	25	8		2			
	Arara	38					31	17	14				
South	Kayapo	14					4	15	67				
America <sup>®</sup>	Wayampi	8					39	54					
America	Wayana-Apalai	34					1	24	32				
	Yanomami	4					1	17	69				
	Congo					2	11	42	18	6	14		
Africa <sup>®</sup>	Cameta'	13				10	28	33	9	2	12		1
	Birongo	16	3			5	31	25	5		5	8	

*Table 5. PAH* gene mutations and their linked mini-haplotypes in Iranian Kurdish population and some other populations around the world (according to Scriver et al., 2009)

Mutation	Kermanshah	province	Other populations		
	No. of alleles	Mini-haplotype	Population	Mini- haplotype	
IVS2+5G	8	9/242	Germany	9,8/ 242	
>C			Kuwait	9/ ND <sup>r</sup>	
IVS9+5G	6	8/238	Turkey	ND <sup>r</sup>	
>A			Lebanon	$ND^{\dagger}$	
IVS10-	4	7/250	Australia	7/242,246	
11G>A			Germany	7/230	
			Germany	7/242	
			N Ireland	9/242	
			Spain	7/250	
			Spain	7/254	
			U. Kingdom	7/240	
			U. Kingdom	7/242,246	
p.R261X	4	7/242	England	8/242	
			Germany	3/238,246	
			Norway	7/ ND <sup>r</sup>	
			Italy	3/ ND <sup>®</sup>	
			Fmr Soviet Union	3/ ND <sup>®</sup>	
p.K363>	4	8/238	Kuwait	8/ ND <sup>†</sup>	
Nfs			Fmr Soviet Union	8/ ND <sup>†</sup>	
p.R243Q	2	9/250	Germany	8/ 226, 230	
•			N Ireland	9/234	
			Spain	8/238	
			Spain	8/242,246	
IVS7- 5T>C	2	8/242	ND	$ND^{\dagger}$	
IVS4+1G >C	2	7/242	ND	ND <sup>r</sup>	

ND: Not determined

7/250, which represents the ancestral background of this mutation.

Also, p.R261X, a nonsense mutation that leads to a premature step in translation, has been reported before in Iran and some countries such as Croatia, Italy, Brazil, Germany, Korea, Lithuania, and Portugal (19). This mutation has been found on mini-haplotypes 8/242, 3/238, 246, and 7/238 in PKU patients with Caucasian (15), German (15), and Latvian (3) ethnicity (Table 5). The association of this mutation with mini-haplotype 7/242 in the present study shows that this linkage was not reported before. Moreover, p.R243Q, a common mutation in the Southeast Asian countries, was shown to be associated with 8/226, 8/230, 9/234, and some other mini-haplotypes (15) (Table 5). In the present study, this mutation was linked to mini-haplotype 9/250.

After PKU disease is confirmed in a newborn, identifying the 2 causing mutations is clinically useful to manage the disease. Mini-haplotypes are easier to obtain and are more informative for mutation analysis, including prenatal diagnosis, compared to conventional haplotypes. Determining mini-haplotypes proved very useful for the rapid identification of rare mutations. One of the drawbacks of mini-haplotype analysis is that it requires samples from the patient's parents, which may be a limitation in some cases. However, the knowledge of paternal or maternal inheritance is useful for carrier analyses in the extended family.

# Conclusion

The distributions and frequencies of VNTR alleles in

this Kurdish population have the most similarities to alleles previously described in European Caucasian families. Moreover, since the most common mutations in Kermanshah PKU chromosomes are rare and this was the first study on mini-haplotypes VNTR/STR among PKU patients in Iranian Kurdish PKU patients, and given that this study was the first of its kind, it was not possible to compare its results with that of other studies on Iranian and non-Iranian populations.

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## **Conflict of Interests**

The authors declare that they have no competing interests.

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